



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

Overarching case scenario 87

**AGE AND GENDER** Female Aged 42 years

**ETHNIC BACKGROUND** Indian

**OCCUPATION AND HOBBIES** Restaurant owner – lots of admin as well as cooking/cleaning. Hobbies: watching south Asian TV programs when gets a chance. Non-driver but has a license.

**PRESENTING SYMPTOMS AND HISTORY** Had an eye test three weeks ago. The optometrist advised new specs as the old ones were scratched, not much change in the prescription. However, since collecting the new specs last week, is complaining of eye strain and may be slightly blurred vision with the new specs at distance and near. Dispensing optician has adjusted the fit, the lens material/coatings is the same as previous specs. Focimetry has shown that the prescription matches what was ordered. This is a recheck appointment

**GENERAL HEALTH AND MEDICATION** No change since the last test – all good. As mentioned last time, has altered diet as cholesterol was slightly high at the last medical check.

**PRESENT Rx, CENTRATION AND ACUITIES** Spectacles CR39, MAR ocd=60cm.

RE: -1.75/-3.50 x 20

LE: -1.25/-2.25 x 60 bvd = 11mm

VA RE: 6/7.5 N5 LE: 6/9-2 N6

PD/NCD 60/57 at 40cm

**REFRACTION** at last eye test (three weeks ago)

RE: -1.75/-3.50 x 20

LE: -1.25/-2.25 x 60

bvd = 11mm.

VA Distance RE: 6/7.5 LE: 6/6

Near RE: N5 LE: N5

**REFRACTION** at previous test

RE: -1.75/-3.25 x 20

LE: -1.00/-2.50 x 160

bvd = 11mm.

VA Distance RE: 6/7.5 LE: 6/6

Near RE: N5 LE: N5

**OCULAR MOTOR BALANCE TESTS** Not carried out

**PUPIL REACTIONS AND MOTILITY** Not carried out

**FUNDUS EXAMINATION** Not carried out as last test was three weeks ago.

**FIELDS** not carried out at this recheck appointment

**IOP** not carried at this recheck appointment

**EXTERNAL EYE EXAMINATION** Viewing directly, external adnexa appeared as clear, no redness, no lesions or opacities noted.